






A Shared Understanding of **Spirituality**

**Spirituality is an awareness that there is “something more to life than meets the eye, something more than the material, something more than the obvious, something to wonder at, something to respond to.”**

**Terence Copley**

| Curriculum Area   | Opportunities for Spirituality   |
|---|--|
| <p><b>English</b></p>        | <p>English provides rich opportunities for spiritual development by encouraging children to explore their thoughts, feelings, and beliefs through language. Through reading, writing, speaking, and listening, pupils encounter diverse perspectives, reflect on moral choices, and express their own values and aspirations.</p> <p>In literature, children engage with stories that explore themes of hope, courage, compassion, and identity, helping them to consider deeper questions about life and the human experience. Creative writing allows pupils to express wonder, imagination, and personal insight, fostering a sense of awe and appreciation for the world around them.</p> <p>Discussion and drama activities promote empathy and understanding, enabling children to listen to others and articulate their own views respectfully. English nurtures the inner life of each child, helping them to let their light shine through thoughtful expression and meaningful connection with others.</p>         |
| <p><b>Mathematics</b></p>  | <p>Mathematics provides meaningful opportunities for spiritual development by inviting children to explore the beauty, order, and creativity within the world. Through engaging with number, shape, and pattern, pupils experience awe and wonder—particularly when discovering symmetry in nature, the elegance of geometric designs, or the infinite possibilities within number sequences.</p> <p>Problem-solving in Maths encourages perseverance, reflection, and resilience. As children grapple with challenges, they learn to trust their thinking, value different approaches, and celebrate moments of insight and understanding. These experiences nurture a sense of purpose and personal growth.</p> <p>Maths also fosters curiosity and appreciation for the interconnectedness of the world. Whether exploring the balance of symmetry, the logic of equations, or the patterns in data, children are encouraged to reflect on the deeper questions of life and their place within it. In this way, Maths</p> |

|   |  |
|---|--|
|   | <p>supports each child in letting their light shine through thoughtful exploration and joyful discovery</p>  |
| <p><b>Science</b></p>      | <p>Science offers powerful opportunities for spiritual development by encouraging children to explore the wonder, complexity, and interconnectedness of the natural world. Through observation, investigation, and discovery, pupils develop a sense of awe and curiosity about life, the universe, and their place within it.</p> <p>As children learn about living things, the Earth, space, and forces, they are invited to reflect on the beauty and order of creation. Exploring cycles in nature, the vastness of space, and the intricacy of ecosystems can inspire deep thinking and appreciation for the world around them.</p> <p>Science also nurtures spiritual growth through problem-solving and enquiry. Pupils learn to ask big questions, seek truth, and consider ethical implications of scientific developments. They develop resilience and reflection as they test ideas, learn from mistakes, and celebrate moments of insight.</p> <p>In this way, Science supports children in becoming thoughtful, inquisitive learners who let their light shine through wonder, wisdom, and care for the world.</p>              |
| <p><b>Computing</b></p>  | <p>Computing offers opportunities for spiritual development by encouraging children to reflect on creativity, connection, and the responsible use of technology. As pupils learn to design, create, and problem-solve using digital tools, they experience the joy of innovation and the satisfaction of bringing ideas to life.</p> <p>Exploring coding and digital systems helps children appreciate the complexity and order behind technology, sparking curiosity and wonder. Through debugging and logical thinking, pupils develop resilience and perseverance, learning to reflect on their mistakes and celebrate progress.</p> <p>Computing also invites children to consider the impact of technology on themselves and others. Through discussions about online safety, digital responsibility, and respectful communication, pupils reflect on values such as kindness, integrity, and empathy in the digital world.</p> <p>In this way, Computing supports children in becoming thoughtful, creative, and responsible digital citizens who let their light shine through purposeful and ethical engagement with technology.</p> |
| <p><b>PSHE</b></p>       | <p>PSHE provides a rich foundation for spiritual development by helping children explore their identity, values, relationships, and sense of purpose. Through discussions and activities, pupils are encouraged to reflect deeply on who they are, what they believe, and how they can make a positive difference in the world.</p> <p>As children learn about emotions, friendships, choices, and responsibilities, they develop empathy, compassion, and respect for others. PSHE nurtures a safe space for pupils to express their thoughts and</p>   |

feelings, consider moral and ethical questions, and grow in self-awareness and confidence.

Topics such as wellbeing, diversity, and citizenship invite children to think about their role in the wider community and the importance of kindness, justice, and integrity. In this way, PSHE supports each child in letting their light shine by becoming thoughtful, caring individuals who value themselves and others.

## Music



Music provides a powerful pathway for spiritual development by allowing children to express emotion, explore meaning, and connect with something greater than themselves. Through singing, composing, and listening, pupils experience joy, reflection, and a sense of unity.

Music encourages children to appreciate beauty, creativity, and the emotional depth of human experience. Whether performing together or responding to different genres and cultures, pupils develop empathy, wonder, and a deeper understanding of themselves and others.

Moments of stillness, harmony, and shared performance can evoke feelings of peace, gratitude, and connection. Music also supports children in expressing their inner thoughts and values, helping them to let their light shine through creativity, collaboration, and heartfelt expression.

## History



History provides rich opportunities for spiritual development by helping children explore the lives, beliefs, and values of people across time. Through learning about significant events, individuals, and cultures, pupils are encouraged to reflect on human experiences—both joyful and challenging—and consider how these shape our understanding of the world today.

As children encounter stories of courage, sacrifice, injustice, and hope, they develop empathy and compassion. History invites pupils to ask deep questions about identity, legacy, and the impact of choices, encouraging them to think about what they value and how they can contribute positively to society.

Exploring different perspectives and beliefs fosters respect and appreciation for diversity, while reflecting on change and continuity helps children understand their place in the ongoing story of humanity. In this way, History supports each child in letting their light shine through thoughtful reflection, moral awareness, and a deeper connection to the human journey.

## Geography



Geography provides meaningful opportunities for spiritual development by helping children explore the wonder, diversity, and interconnectedness of the world around them. Through studying places, environments, and cultures, pupils develop a sense of awe and appreciation for the beauty and complexity of the Earth.

As children learn about natural landscapes, weather patterns, and global communities, they are encouraged to reflect on their place in the world and their responsibility to care for it. Geography nurtures curiosity and

respect for creation, inspiring pupils to consider how human actions affect the planet and the lives of others.

Fieldwork and mapwork promote reflection, observation, and connection with the local environment, while global studies foster empathy and understanding of different ways of life. In this way, Geography supports each child in letting their light shine through thoughtful exploration, stewardship, and a deepened sense of belonging to the world.

## PE



Physical Education offers valuable opportunities for spiritual development by encouraging children to explore their physical potential, build resilience, and experience joy through movement. PE helps pupils develop self-awareness, confidence, and a sense of achievement as they set goals, overcome challenges, and reflect on their progress.

Team games and cooperative activities promote empathy, respect, and connection with others, while individual pursuits allow children to discover inner strength and personal growth. Moments of stillness, focus, and flow during physical activity can inspire reflection and a deeper appreciation of the body as part of a wonderfully created whole.

PE also nurtures values such as fairness, perseverance, and humility, helping children to celebrate both success and effort. In this way, Physical Education supports each child in letting their light shine through active engagement, personal reflection, and positive relationships.

## Art



Art provides a deeply personal and expressive space for spiritual development, allowing children to explore their thoughts, emotions, and sense of identity through creativity. As pupils engage with colour, form, and texture, they experience awe and wonder at the beauty of the world and the power of imagination.

Art encourages reflection and self-expression, helping children to communicate ideas and feelings that may be difficult to put into words. Through exploring the work of artists from different cultures and times, pupils develop empathy, appreciation for diversity, and a deeper understanding of human experience.

Creating art fosters mindfulness, focus, and joy, offering moments of stillness and connection. Whether working collaboratively or individually, children are supported in letting their light shine through thoughtful exploration, creative freedom, and celebration of their unique perspective.

## Design Technology



Design and Technology offers opportunities for spiritual development by encouraging children to be creative, reflective, and purposeful in their making. As pupils design, build, and evaluate products, they experience the joy of creation and the satisfaction of bringing ideas to life.

DT nurtures curiosity and imagination, helping children to explore how things work and how they can be improved. Through problem-solving and practical challenges, pupils develop resilience, perseverance, and a sense of achievement. These experiences support personal growth and reflection.

Children are also encouraged to consider the impact of design on people and the environment, fostering empathy, responsibility, and ethical thinking. In this way, DT supports each child in letting their light shine through thoughtful innovation, collaboration, and care for the world around them.

## French



Learning French provides opportunities for spiritual development by helping children explore identity, culture, and connection beyond their immediate experience. Through language learning, pupils develop curiosity and appreciation for the richness and diversity of global communities.

As children learn to communicate in another language, they reflect on the importance of understanding and being understood. This fosters empathy, respect, and a sense of belonging to a wider world. Exploring cultural traditions, celebrations, and ways of life encourages pupils to think deeply about values, beliefs, and shared human experiences.

French also nurtures joy and creativity through songs, stories, and expressive language. In this way, Modern Foreign Languages support each child in letting their light shine through open-mindedness, cultural awareness, and meaningful connection with others.