

Northleaze Church of England Primary School

A Shared Understanding of **Spirituality**

Spirituality is an awareness that there is “something more to life than meets the eye, something more than the material, something more than the obvious, something to wonder at, something to respond to.”

Terence Copley

What Spirituality Means in our School

To nurture our mental health and well-being
 To instil a sense of calm and peace
 To help us marvel at the wonder of the natural world
 To enable us to stop, reflect and pause
 To be grateful and give thanks
 To heighten our senses and to appreciate small details
 To ask questions and to wonder
 To delight in the simple and beautiful

As a spiritual learner I ...

Am comfortable with being still and quiet
 Am happy with who I am
 Use my senses to interpret the world
 Delight in nature
 Listen to others and share my thoughts and feelings
 Recognise when I am feeling stressed, and I can calm myself
 Communicate with empathy and understanding
 Wonder and ask questions
 Look around me and I notice the good in things.
 Show respect to all people and things
 Engage in discussions about bigger topics and about God
 Participate joyfully in all curriculum subjects
 Embrace opportunities

We support children to become spiritual learners through ...

Providing opportunities to be still, to pause and to reflect
 Encouraging children to be inquisitive and to question
 Modelling an attitude of wonder
 Seizing opportunities to marvel at the beauty of nature
 Encouraging self-awareness and reflection
 Asking big questions
 Celebrating all curriculum subjects
 Seeking curriculum enrichment opportunities
 Visiting places of worship and other cultural sites of interest
 Encouraging children to share their ideas and thoughts with one another.
 Supporting children to manage their emotions and to be peaceful
 Supporting children in prayer