



# NORTHLEAZE

C of E Primary School

## WEEKLY NEWSLETTER

Week 7: Friday 18th October

### WELCOME

I have loved hearing this week about the wide range of learning opportunities that children have had **beyond the classroom**. We had a chance to highlight some of the things we have done which made me realise just how lucky we are here at Northleaze. Year 1 went on a field trip to Dawson's Wood to inspire their art based on Andy Goldsworthy and Year 4 went on a Geography field trip to the river to take measurements for their unit on rivers. Our Harvest artwork has been up in the church all week and hearing all these wonderful things makes me feel really proud.

**Mr Thompson**

Hopefully everyone has noticed our brand new sign up outside the school gates!

A definite improvement and brightens up the entrance to the school!



## WEEKLY REMINDERS

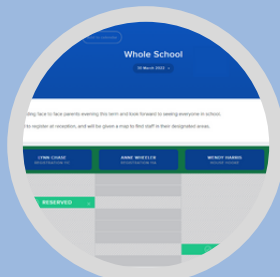
Click on the circles to head to the webpage for further information

UNIFORM

SCHOOL PHOTOS

PARENTS' EVENINGS

PARENT SUPPORT WORKSHOP



## RESPONSIBILITY

Being 'responsible' to be the best version of ourselves.

It has been really wonderful speaking to some children about Black History Month and sparking conversations about the diversity of our community. We have learned about the importance of storytelling and how we can still learn so much from hearing stories. We've encouraged children to see how listening to these stories can help us learn valuable lessons and celebrate everyone for who they are. This then helps us become better people.

# WEEKLY PRAYER

Dear God,

We come to you today with grateful hearts,  
Thanking you for the diversity in our world,  
For every race, culture, and skin tone,  
Each one beautifully made in your image.

As we celebrate Black History Month,  
We remember the struggles and triumphs,  
Of those who fought for equality and justice,  
And paved the way for a better tomorrow.

We ask for your guidance and wisdom,  
In teaching our children the importance,  
Of celebrating and embracing diversity,  
And standing up against discrimination.  
Amen



## KEY DATES

Monday 21st October

**Phonics Workshop**

6:00pm at School (see link for Teams)

Thursday 24th October

**Break the rules day!**

All Day

Thursday 24th October

**Year 5 Residential Meeting**

3:00pm in School (see link for Teams)

Friday 25th October

**INSET Day & End of term**

All day

Wk Beg: 4th November

**SEND Parents' Evenings**

Individual times

Friday 8th November

**Parent Support Workshop**

9:30am - 10:30am

Monday 11th November

Wednesday 13th November

**Parents' Evening**

Individual times

Monday 11th November

**Reception Open Day Tour**

9:15am

Monday 11th November

**Remembrance**

11:00am

## MINDFULNESS MOMENT OF THE WEEK



**The mental wellbeing of all our children should always be a priority.**

### Breathing

Overwhelmed?

Try alternate nostril breathing.

This ancient yogic form of breathing is called Nadi Shodhana, or alternate nostril breathing, a method said to balance the left and right hemispheres in the brain and create a peaceful state of mind. This exercise is best to do sitting upright, with a long spine and relaxed shoulders.

Take the right thumb and close the right nostril, inhale slowly and fully through the left nostril, then pause. Use the right ring finger to close off the left nostril. Then release the thumb and exhale through the right nostril. Pause.

Leaving our fingers exactly where they are, we'll breathe in through the right nostril, then pause. Use the right thumb to close off the right nostril. Then release the right ring finger and exhale through the left nostril. Pause. That's one full count.

inhale  
exhale

## CELEBRATION ASSEMBLY

Well done to everyone who got class awards!

Year 1: Sophie, Toby and Bluebell!

Year 2: Indie, Leo, Lucy and Sam!

Year 3: Dylan, Henry, Olivia and Sara!

Year 4: Olivia C, Alex and Monty!

Year 5: Rosie and YEAR 5!

Year 6: Maren, Alice and Jack!

WELL  
DONE

# PARENT SUPPORT WORKSHOPS

This year, we will be holding a number of parent workshops to help you support your child's wellbeing at home. The first of these will be held on [Friday 8th November at 9.30am in the school hall](#) and is focused on supporting your child's emotional regulation.

This will be an informal session with tea, biscuits and a chance to learn about how to help your child with managing their emotions with a talk from a qualified Occupational Therapist. More details will follow before the end of term.

[To register your interest for this session, please confirm by completing a very quick form here.](#)



## YEAR 6 SWIMMING

There is one swimming session to go for Year 6 next week (22nd October). This session will be a water safety session. For this, they will need to bring their usual swimwear plus pyjamas - these should be thin cotton ones, long sleeves and bottoms are preferable but T-shirt and leggings/shorts are also OK. Please DO NOT send in onesies/hooded clothing/fleece material/nightdresses.

You are still able to make a voluntary donation towards the cost of swimming lessons and transport via your child's ParentPay account - all donations are greatly appreciated.



## GIRLS FOOTBALL TOURNAMENT

A huge well done to our girls who took part in their first competitive football tournament.

Our first game ended 1-1 with a good goal from Chloe but then the heavens opened and the rain was torrential!

Despite being drenched, the girls maintained a fantastic attitude with both Olive and Darcey taking it turns to be goalkeeper!



## RECEPTION OPEN DAY TOURS

Our Reception Class Open Days are taking place throughout the Autumn Term. If you know anyone interested in coming to look around, the dates are below.

Monday 11th November 9:15am  
Friday 6th December: 10am

Each session will last approximately 1 hour.

For families applying for school places in 2025-26, please contact the school office to book a place on one of our school tours.



Happy birthday to all the children who have celebrated their birthday over the last week.

Kerensa (Year 6) and Freya (Year 2)

## PHONICS WORKSHOP FOR PARENTS



We are warmly inviting all of our Reception and Year 1 parents to a phonics and early reading workshop.

This is a fantastic opportunity to familiarise yourself with how phonics is taught to children and how you can support their early reading at home.

**Monday 21st October  
6:00pm**

The workshop will be held at school.



## RUNNING CLUB

Well done to everyone that came to running club - the effort and attitude from all was absolutely amazing!

We can still accept a few more children if anyone would like to join.

[Please sign up here!](#)



Today, we ran...

**2.38  
KM**

In total this year...

**13.07  
KM**

**38**

Children ran this week!

## RECEPTION WELCOME SERVICE

Thank you to all our Reception parents and families who attended our welcome service on Thursday morning.

It was a really lovely service and opportunity for Reception to see the church and receive their welcome Bibles.



## HARVEST DONATIONS

Thank you once again for your kind donations for Harvest. We are delighted to share that donated a whole 185kg of food and supplies.

Thank you so much! Please find attached a letter of thanks from the foodbank.



# ASDA CASHBACK

Asda have launched a cashback scheme for schools and our kind PSA have set this up for Northleaze. We are currently on **£77!**

Asda will give **0.5% cash back** on a shop (excluding George) but will also give **£1** for everyone that signs up to Asda Rewards and links to Northleaze!

7TH-24TH DECEMBER | TOCKINGTON, BRISTOL BS32 4PG

# FESTIVE ILLUMINATION TRAIL 2024

The Illuminations at Old Down Country Park are back and better than ever for 2024. A magical sensory experience that illuminates the beauty of our Country Park and Estate. Wander through our immersive experience of sparkling installations and mesmerising lights.

**MARSHMALLOW TOASTING . FESTIVE FOOD  
CHRISTMAS CRAFTS . FAIRGROUND\*  
DOG FRIENDLY**

\*Additional cost



**10% DISCOUNT!**  
USE CODE 'ILLUMESCIO'  
@ THE CHECKOUT!

TO BOOK YOUR TICKETS VISIT [OLDDOWNSTATE.CO.UK/WHATS-ON](http://OLDDOWNSTATE.CO.UK/WHATS-ON)

# INTRODUCING CASHPOT FOR SCHOOLS

Download and opt-in with Asda Rewards and we will donate **££s** to schools.

**CASHPOT FOR SCHOOLS**



## HERE'S HOW:

- 1 Download the Asda Rewards app and opt-in to Cashpot for Schools.
- 2 Choose your primary school
- 3 Shop in-store across Asda & George, and scan your Asda Rewards app at the checkout.
- 4 Shopping online? Simply log in to Asda.com using the same details as your Asda Rewards account.
- 5 We'll do the rest! We donate ££s to your chosen school every time you shop, so they can spend it on exactly what they need.

With **Parentkind**

# HOLIDAY CAMPS

Please see below for information on Bristol Sport holiday camps running in October half term



## HOLIDAY CAMPS

Open to children in school years 1 to 6, our holiday camps offer a variety of sporting opportunities throughout the school holidays. With an emphasis on inclusivity, high activity levels and fun, they provide a perfect environment for children to fall in love with sport and enjoy being active.

### Northleaze Primary, BS41 9NG

Dates: Monday, 28th October - Friday, 1st November  
Time: 9.00am - 4.00pm  
Price: £30.00 per day.  
Multi-day discount: £140.00 when you book 5 days.

Themed activities will be delivered on:

- Thursday, 31st October (NERF Gun Day!)
- Friday, 1st November (Gymnastics & Dance)

Children from all schools are welcome to attend. Please be advised that you will need to provide your child with a packed lunch for the day.

To find out more about BSF's holiday camps and to book, please use the QR code in the bottom right hand corner.



<https://www.abler.io/shop/bristol-sportfoundation> 0117 963 0683

# SCHOOL HOLIDAY ACTIVITIES AND WORKSHOPS

## Family Holiday Activities at Wells Cathedral

### Bishop Bubwith's Books

Tuesday 29 – Thursday 31 October 2024

Join us on a fun-filled adventure as we journey back in time to celebrate Bubwith, the bishop who left 1,000 marks 600 years ago to build the Cathedral library – the biggest in England at the time!

Explore the Cathedral and visit our extraordinary chained library

Solve puzzles and uncover fascinating stories about far flung places.

Design Medieval postcards and make your own mini chained library book to take home.

**FREE with adult entry.**  
No need to book – simply drop in on the day!

Sessions in Wells Cathedral Education Room

10.00–12.00 and 13.00–15.00

There is no charge for children. Standard adult admission tickets include re-entry for 12 months from date of purchase, so you can enjoy access to a number of seasonal events, including exhibitions and Family Holiday Activities beyond your initial visit. Only assistance dogs are allowed at this activity.



EXPLORE • CREATE • DISCOVER

Wells Cathedral Registered Charity Number: 1207269

## CHILDRENS AUTUMN holiday workshops

29TH, 30TH & 31ST OCTOBER

9-3pm £36 per day  
suitable for 6-14yr  
Lower stock farm, Wrington

**3D PUMPKINS/PUMKIN CARVING  
AUTUMN MACRAME LANTERNS  
HALLOWEEN CREATIONS**

Contact Jo Sinclair  
craftysewandso@gmail.com  
or 07905 289721

## ECOWEEK+ at WELLS CATHEDRAL

11 TO 20 OCTOBER 2024

**EARTH EXPLORER TRAIL** THROUGHOUT ECOWEEK+

Re-use a free Earth Explorer Trail from our 2022 Gaia Exhibition explorer trails and discover some of the Cathedral's special places with your family. Find the matching fact boards with tips on how to be a Steward of the Earth. Can you collect letters from each board to make a word and earn a sticker?

**THE MOSSY CARPET** 12 OCTOBER

Did you know that mosses are climate superheroes? Join us on a mossy adventure when we'll learn about this tiny but hugely important plant. Watch a short film, look at mosses under the lens and get creative with wool to help us make a mossy carpet! Suitable for all ages and abilities.

**ENVIRONMENTAL STORYTIME** 15 AND 18 OCTOBER

Join us at Wells Cathedral in Wells Environment Week to hear fun, engaging stories about the importance of nature and caring for the environment around us. Storytime will take place in the Lady Chapel, where we can enjoy the bright, colourful stained-glass windows.

**PRAYERS FOR THE PLANET** THROUGHOUT ECOWEEK+

Come and tie your hopes and wishes to our prayer tree in the Cathedral Undercroft with sustainable seed paper. At the end of the project, the prayers will then be planted by volunteers. Open to all ages.

**60 STEPS TOWARDS BEING GREEN** THROUGHOUT ECOWEEK+

Visit the Cathedral's Environment and Sustainability page to download our 60 steps Towards Being Green leaflet – a straightforward guide listing simple changes you can make to your day-to-day life which will protect our planet.

Find out more at [wells cathedral.org.uk/ecoweeek](http://wells cathedral.org.uk/ecoweeek)