

## Personal, Social and Health Education Intent

### RSE Education

We follow a relationships and sex education programme that is tailored to the age and the physical and emotional maturity of the pupils. This will ensure that both boys and girls are prepared for the changes that adolescence brings, including how a baby is conceived and born.

### Equality

We promote respect for all and value every individual child. Consideration is given as to how and we teach pupils about LGBT, ensuring this content is fully integrated into our programmes of study.

We provide pupils with a high quality PSHE curriculum as one way to support their development as human beings, to enable them to understand and respect who they are, to empower them with a voice and to equip them for life and learning.

Using the 'Jigsaw' scheme, our curriculum puts in place the key building blocks of healthy, respectful relationships, focusing on family and friendships, in all contexts, including online. This sits alongside the essential understanding of how to be healthy. The knowledge and attributes gained will support pupils' own, and others' wellbeing and attainment and help our young people to become flourishing adults who make a meaningful contribution to society.

### Subject expertise

Awareness of:  
The progression of pupils' understanding  
The mindful approach to PSHE  
Pupils' mental health  
The importance of communication with parents

### Systems

- Weekly, explicit lessons
- Retrieval of previous learning
- Use of 'Jigsaw' scheme from Reception to Year 6
- Curriculum map and plans
- Assessment opportunities
- Celebration through assemblies and collective worship