

The PE Curriculum at Northleaze - Intent

At Northleaze, we aim for all of our pupils to leave school with the knowledge, skills and motivation necessary to equip them for a healthy lifestyle and lifelong participation in physical activity and sport. Our curriculum supports the national curriculum's aims and ensures that all pupils:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives

Through their physical education lessons at Northleaze, pupils develop their understanding of competition, including fair play, team work and playing within the rules. We aim for pupils to use physical education at Northleaze to develop themselves as a whole person: mentally, personally, physically and socially.

Key features of PE lessons at Northleaze – Implementation

Each class has two hours of timetabled lessons each week. On PE days, pupils come to school wearing their PE kit which ensures maximum use is made of lesson time, with indoor and outdoor spaces timetabled to give each class an equal opportunity to take part in a variety of different sports, appropriate to the seasons and regardless of the weather.

Staff have access to high quality plans to support their lessons using the national curriculum based 'PE Planning' scheme of learning. Teachers have the flexibility to make changes to these lessons in order to give their pupils the best learning experience, however, the progression in skills and knowledge is always taught in a sequential order. Teachers may adapt the order in which sports are taught (whilst retaining rigour in the progression of skill development) throughout the year to make best use of our outdoor facilities.

Using some of our PE premium funding, we have support from Bristol Sport coaches (including experts in their field) who lead high-quality PE sessions and mentor our teachers to ensure continued development in their PE knowledge and skills. All teachers and coaches assess pupils' skills at the end of each unit which informs future planning and identifies any pupils with particular talent or any pupil who may need support or encouragement to improve their physical fitness.

Using PE skills - Impact

Our partnership with the North Somerset PE Association means that pupils have many opportunities to put their skills from PE lessons into practice and represent our school at a range of competitive and non-competitive events in the local area.

At the end of each year, pupils are invited to attend a celebration of sport event at our local Ashton Gate Stadium in partnership with Bristol Sport.

Professional development for all staff:

Through our subscription to the North Somerset PE Association, we have access to eight hours of CPD time which can be tailored to the teacher's needs. Teachers also work in collaboration with Bristol Sport throughout the year to develop their skills.

Extra-curricular opportunities:

We have a wide offer of after school and lunchtime sport clubs, some of which are of no cost to families, and aim to increase pupils' fitness and engagement with sport and physical activity. We monitor pupils' attendance at after school clubs and speak with individual families when engagement is low to offer financial support, if necessary. Pupils entitled to pupil premium funding are offered one club for a term per year free of charge.

Examples of clubs on offer at varying times include:

- Tag rugby
- Cricket
- Dodgeball
- Hockey
- Basketball
- Dance