

PE Curriculum Overview 2022 - 2023

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Our Christian Values	Responsibility	Creativity	Respect	Compassion	Resilience	Friendship
Reception	Gross Motor Skills Development	Me and Myself	Movement and Development	Throwing and Catching	Ball Skills	Tennis (Year 1)
	Gross Motor Skills Development	Fun and Games	Working with Others	Dance	Athletics	Basketball (Year 1)
Year 1	Football	Gymnastics	Dance	Orienteering	Fitness	Athletics
	Handball	Golf	Volleyball	Badminton	Netball	Rounders
Year 2	Hockey	Gymnastics	Dance	Orienteering	Tennis	Athletics
	Tag Rugby	Dodgeball	Badminton	Fitness	Basketball	Cricket
Year 3	Football	Gymnastics	Dance	Orienteering	Netball	Athletics
	Handball	Golf	Volleyball	Swimming	Swimming	Rounders
Year 4	Hockey	Gymnastics	Dance	Orienteering	Basketball	Athletics
	Tag Rugby	Dodgeball	Badminton	Swimming	Swimming	Cricket
Year 5	Football	Gymnastics	Dance	Orienteering	Fitness	Athletics
	Handball	Swimming	Swimming	Badminton	Netball	Rounders
Year 6	Hockey	Gymnastics	Dance	Orienteering	Tennis	Athletics
	Tag Rugby	Swimming	Swimming	Fitness	Basketball	Cricket

NC KS1 skills	Running, jumping, throwing and catching	Balance, agility and coordination	Team games	Dance		
NC KS2 skills	Running, jumping, throwing and catching (in isolation and in combination)	Flexibility, strength, technique, control and balance	Competitive games	Dance	Swimming and water safety	Outdoor and adventurous activity (individually and within a team on Y5 & Y6 camp)