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| **EYFS Curriculum Goals** | **Entry Point****Children can:** | **First Milestone****Children can:** | **Second Milestone****Children can:** | **Third Milestone****Children can:** | **ELG** | **Links to other areas of learning** | **Year 1** |
| **PSED: Managing Self** | **To be Confident children who can make choices: to play and to learn.**  | Select and use activities and resources with help when needed.Concentrate on one activity for a short period.Play alongside others. Share and take turns with adult guidance.Increasingly follow rules understanding why they are important.Show more confidence in new social situations.Be more outgoing with unfamiliar people in a safe context.Go to the toilet with reminders and some adult guidance with routine.Take coat on/off and finish fastening. | Select and use activities and resources with increased independence.Develop the confidence to play with another child. | Select and use activities and resources independently.Play within a small group. | Confidently access new activities with some initial support. Persevere in the face of a challenge with some adult support.Play within a variety of social situations. | Be confident to try new activities and show independence, resilience, and perseverance in the face of challenge. | **PD**  |  |
| Begin to share and take turns without always requiring adult guidance.To understand and begin to share their likes and dislikes with familiar adults. | Frequently share and take turns within familiar contexts.To share their likes and dislikes with others in a familiar setting. | Adhere to familiar rules within familiar contexts.See themselves as a valued individual by sharing their history, culture and family set up. | Explain the reason for rules, know right from wrong and try to behave accordingly. |  |
| Flush the toilet and wash hands after going to the toilet with reminders.Select a healthy snack with guidance.Take shoes on/off. | Wash hands and flush toilet independently.Select a healthy snack. To change into PE kit with support when needed. | Know when it is appropriate to wash hands and manage personal hygiene such as blowing nose on tissue with some guidance.Understand why we need to make healthy food choices.Manipulate fastenings and buttons with help when needed. | Manage their own basic hygiene and personal needs, including dressing, going to the toilet, and understanding the importance of healthy food choices. |  |

