| **EYFS Curriculum Goals** | **Entry Point****Children can:** | **First Milestone****Children can:** | **Second Milestone****Children can:** | **Third Milestone****Children can:** | **ELG** | **Links to other areas of learning** | **Year 1** |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Physical Development: Fine Motor Skills**  | **To be able to use tools with control.****Making healthy choices** | Use a comfortable grip holding pen/pencil.Use one-handed tools, e.g., snips in paper using scissors.Start to eat independently. Learn how to use knife and fork.Be increasingly independent as they get dressed/ undressed coats on/ support zips.Being increasingly independent in meeting own care needs (brushing teeth, using toilet, wash and dry hands).Make healthy choices about food, drink, activity, and tooth brushing. | Practise using both hands to begin to identify a dominant hand.Use a comfortable pencil grip with more control to copy patterns.Form the first letter of their name.Sit on a chair at a table to write.Use good posture when sat on floor. | Identify a dominant hand.Begin to use a tripod grip to begin to form recognisable letters and numbers.Copy the letters of their first name.Sit with correct posture when sitting at a table or on the floor with reminders. | Use a tripod grip to form letters using the correct sequence of movements with some guidance.Write first name using a capital letter.Sit with correct posture. | Hold a pencil effectively in preparation for fluent writing – using the tripod grip in almost all cases. | Literacy Mathematics**PSED –Managing self** |  |
| Practise holding scissors correctly.Developed shoulder and upper arm strength.Move and rotate lower arms and wrists independently.Practise holding tools correctly i.e., knife, fork, brushes.Further develop small motor skills using a variety of resources (threading, sewing, woodwork, pouring, planting, junk modelling) | Use scissors to cut along a straight and then curved line.Use tools with increasing control and reminders when needed.Continue to develop small motor skills with increased control. | Use scissors to cut around shapes, turning paper with non-dominant hand.Use tools with increased accuracy and for a purpose e.g. tweezers to transfer pom poms.Develop small motor skills with accuracy. | Use a range of small tools, including scissors, paint brushes and cutlery. |  |
| Be encouraged to draw freely within a variety of areas inside and out. | Participate in guided, structured drawing activities. | Draw from observation with guidance and support. | Begin to show accuracy and care when drawing. |  |
| Take shoes on/off.Flush toilet and wash hands with reminders.Talk about why we need to brush our teeth.Select a healthy snack with guidance. | Change in PE kit support if needed.Wash hands and flush toilet independently.Discuss how and when we brush our teeth (dentist visit).Select a healthy snack. | Manipulate fastenings/ buttons with help if needed.Indicate they know when it is appropriate to wash hands and manage personal hygiene.Understand the importance of oral hygiene.Understand why we need to make healthy food choices. | No specific ELG, however, this is where the information from Development Matters complements the strands in gross motor skills and PSED managing self. |